## **Middle School**

## **Lesson 2– What Makes Us Catholic**

Parents, the best way for a child to learn something is repetition, repetition.

REMEMBER: Items in RED and with Check Marks are required and will be used for weekly attendance.

Activity	Link/Activity
Video	What does it mean to Believe in God?
	https://www.youtube.com/watch?v=GU5QwpHV04w&list=PLIcePO_eJb2_EElTdFm1PFLNkH17EQcV-
	<u>&amp;index=5&amp;t=0s</u>
Discussion/	We are Catholic based on our Beliefs, Practices, and Attitudes.
Activity	What we <b>believe</b> is based on the <b>Creed</b> .
	Practices is what we do
	Attitude is how we feel and how we act.
	View the following article and discuss each of the statements on what makes us Catholic.
	https://www.smp.org/dynamicmedia/files/2b5e7ea4e7f8c0be42eb6c4d1bdada36/TX003171-2-handout-Chapter_1-Being_Catholic.pdf
	Discuss with your parents using the previous handout—what makes us Catholic?
	All of these things are what we will be learning about through out the school year.
Saint of the week:	St. Thomas Aquinas the Patron Saint of Universities and Students. St. Thomas was born in 1225 in Italy. He became a priest
	and an important writer and teacher. He is known as the "Universal Teacher" because of his more than 60 writings.
	https://youtu.be/N5fFicWP4vI

Summary	God created all things, including the first humans. Adam and Eve disobeyed God, this is called original sin. When you disobey
	God you sin. God will forgive you. You can chose good or bad. God love us and wants us to be with him in Heaven.
	Review how to do the sign of the cross.
<b>Ending Prayer</b>	
	Pray the Apostles' Creed. This is the statement that shows what we believe as Catholics.
	I believe in God,
	the Father Almighty,
	Creator of heaven and earth,
	and in Jesus Christ, His only Son, our Lord,
	who was conceived by the Holy Spirit,
	born of the Virgin Mary,
	suffered under Pontius Pilate,
	was crucified, died and was buried;
	He descended into hell;
	on the third day He rose again from the dead;
	He ascended into heaven, and is seated at the right hand of God the Father Almighty;
	from there He will come to judge the living and the dead.
	I believe in the Holy Spirit,
	the Holy Catholic Church,
	the communion of Saints,
	the forgiveness of sins,
	the resurrection of the body,
	and life everlasting.
	Amen